

August 2024



Daily Offerings:

- Hamburger (38g)
- Cheeseburger (39g)
- Chicken Sandwich (48g)
- Spicy Chicken Sandwich (48g)
- Cheese Pizza (43g)
- Pepperoni Pizza (43g)
- Italian Sub (28g)
- Turkey Wrap (29g)
- Chicken Salad Wrap (31g)
- Ham & Cheese Sub (28g)
- Fresh Panini (Varies)
- Chef Salad (8g)
- Garden Salad (14.5g)
- Caesar Salad (15g)

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27 ½ Day No Lunch	28 Bosco Sticks (56g) Marinara Sauce (7g) Mixed Vegetable (8g)	29 French Toast Sticks (38g) Turkey Sausage (0g) Tater Tots (14g)	30 Holiday Break

Menus are subject to change.

Powering potential.

Fruit & Vegetable Options:

- Daily: Apple Slices 17g, Apple 19g, Orange 15g, Side Salad 6g
- Monday:** Fruit cocktail 18g, Fresh Broccoli 1g & Kickin’ Pintos 19g or Baked Beans 19g
- Tuesday:** Pears 18g , Seasoned Carrots 4g & Celery Sticks 3g
- Wednesday:** Peaches 18g, Baby Carrots 1g & Broccoli 4g
- Thursday:** Pineapple 17g, Celery Sticks 3g & Green Beans 4g, or Mixed Vegetable 6g
- Friday:** Applesauce 14g, Baby Carrots 1g & Tater Tots 19g or Curly Fries 19g, or Corn 4g



This institution is an equal opportunity provider.



September 2024



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- Cheese Pizza (43g)
- Pepperoni Pizza (43g)
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All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
2	3	4	5	6
District Closed Holiday Break	Philly Cheesesteak (29g) Roasted Green Peppers and Onion (6g)	Chicken Alfredo (27g) Breadstick (15g) Mixed Vegetable (8g)	Chicken Parmesan Sandwich (38g) Tater Tots (14g)	Chicken Nuggets (16g) Dinner Roll (15g) Green Beans (6g)
9	10	11	12	13
Popcorn Chicken Bowl (31g) Mashed Potatoes Corn	Beef Enchilada (40g) Refried Beans (20g)	Cheese Ravioli (16g) Steamed Carrots (7g)	Chicken & Waffles (37g) Warm Cinnamon Apples (12g)	Boneless Chicken Wings (15g) Steamed Broccoli (3g)
16	17	18	19	20
Sweet & Sour Chicken Rice (26g) Stir Fry Vegetables (7g)	Hot Italian Sub (37g) Steamed Carrots (7g)	Bosco Sticks (56g) Marinara Sauce (7g) Baked Beans (43g)	Bacon Cheeseburger (31g) French Fries (20g)	Spicy Popcorn Chicken (16g) Steamed Corn (19g)
23	24	25	26	27
Meatball Sub (37g) Green Beans (6g)	Tater Tot Nachos (21g) Refried Beans (20g)	District Closed Professional Development	Cheese Omelet (2g) Turkey Sausage (0g)	Breaded Chicken Sandwich with Signature Sauce (48g) Waffle Fries (19g)
30				

Menus are subject to change.

Powering potential.



Fruit & Vegetable Options:

Daily: Apple Slices 7g, Applesauce 14g – 16g, Apple 19g, Orange 15g, Baby Carrots 1g, Side Salad 6g

Monday: Mixed Fruit 18g, Cucumber Slices 2g

Tuesday: Sliced Pears 18g, Celery Sticks 3g

Wednesday: Diced Peaches 18g, Grape Tomatoes 7g

Thursday: Pineapple Tidbits 17g, Celery Sticks 3g

Friday: Mandarin Oranges 17g, Cucumber Slices 2g



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