



**THIS MONTH'S THEME:**  
Friends & Food

This month, we're all about Friends & Food—because nothing brings people together like sharing a delicious snack! Food is a great way to connect with friends, whether you're trying something new together or sharing your favorite fruits and veggies.

For a fun activity, think about your favorite fruit or veggie and how you could share it with a friend. Maybe it's dipping crunchy watermelon radish into some hummus or splitting some juicy cherry tomatoes in the classroom. Sharing food is not just tasty—it's a way to show kindness and build friendships!

Here's an example: "I love eating apples and want my friend to try it too!" or "My best friend always eats celery, and now I want to try it!"

What fruit or veggie would you share with a friend? Let's make this month about connecting with others—one bite at a time!

MON

TUE

WED

THU

FRI

This week's options:

Kumquat, 50x2oz  
Jicama Sticks, 50x2oz

27

28



29

30



31

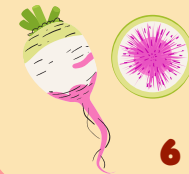
Grapefruit Wedges, 50x4oz  
Watermelon Radish Coins, 50x2oz

3



4

5



6

7

Cantaloupe Chunks, 50x2oz  
Red & Green Peppers, 50x2oz

10



11

12



13

14

*Valentine's Day*

Minneola Wedges, 50x3oz  
Broccoli & Grape Tomatoes, 50x2oz

17



18



19

20



21

Blood Orange Wedges, 50x2oz  
Cherry Tomatoes, 50x2oz

24



25

26



27

28

