



September 2024

SCHOOLS | Elliott, Hamilton, Hicks, Roosevelt-Mcgrath, & Taft-Galloway Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL HOLIDAY BREAK	Cereal Bar (29g - 52g) Fruit Juice (12g - 21g) <hr/> A. Domino's Pepperoni Pizza (29g) B. Domino's Cheese Pizza (30g) C. Turkey & Cheese Sub (31g) Diced Pears (13g - 16g) Celery Sticks (3g)	Snack N Waffle (30g) Applesauce (14g - 16g) <hr/> A. Walking Taco (29g) B. Cheese Pizzadilla (39g) C. Egg & Cheese Plate (4g) Sliced Peaches (15g) Refried Beans (20g)	Yogurt (12g - 14g) & Tiger Bites (20g - 21g) Banana (27g) <hr/> A. Pepperoni Crazy Bread (29g) B. Crazy Cheese Bread (29g) C. Ham & Cheese Sub (35g) Applesauce (14g - 16g) Baby Carrots (1g)	Mini Strawberry Bagels (42g) Fruit Juice (12g - 21g) <hr/> A. Chicken Patty Sandwich (46g) B. Spicy Chicken Sandwich (45g) C. Egg & Cheese Plate (4g) Apple Slices (7g) Ruby Rush Juice (14g)
9	10	11	12	13
Breakfast Round (44g) Apple Slices (7g) <hr/> A. Chicken Nuggets & Roll (31g) B. Taco Stick (32g) C. Wowbutter Uncrustable (28g) Sliced Oranges (15g) Waffle Fries (23g)	Muffin (27g - 31g) & Cheese Stick (2g) Fruit Juice (12g - 21g) <hr/> A. Domino's Pepperoni Pizza (29g) B. Domino's Cheese Pizza (30g) C. Ham & Cheese Sub (35g) Diced Pears (13g - 16g) Corn (10g)	Cinni Mini (35g - 41g) Applesauce (14g - 16g) <hr/> A. Bosco Sticks (17g) B. Mexican Pizza (43g) C. Garden Salad & Cheese (5g) Sliced Peaches (15g) Tossed Salad (2g)	Cereal (18g - 52g) Banana (27g) <hr/> A. Beef Hot Dog (29g) B. Bean & Cheese Burrito (41g) C. Turkey & Cheese Sub (31g) Applesauce (14g - 16g) Cucumber Slices (2g - 7g)	Banana Bread (45g) Fruit Juice (12g - 21g) <hr/> A. Chicken Patty Sandwich (46g) B. Spicy Chicken Sandwich (45g) C. Garden Salad & Cheese (5g) Apple (25g) Baby Carrots (1g)
16	17	18	19	20
Benefit Bar (47g) Apple Slices (7g) <hr/> A. Cheeseburger (30g) B. Pizza Bagel Pack (37g) C. Wowbutter Uncrustable (28g) Mixed Fruit (13g - 15g) Broccoli (7g)	Chocolate Crescent Roll (38g) Fruit Juice (12g - 21g) <hr/> A. Domino's Pepperoni Pizza (29g) B. Domino's Cheese Pizza (30g) C. Turkey & Cheese Sub (31g) Diced Pears (13g - 16g) Tater Tots (14g)	Snack N Waffle (30g) Applesauce (14g - 16g) <hr/> A. Cheese Ravioli (64g) B. Pepperoni Calzone (32g) C. Fruit & Yogurt Plate (50g) Sliced Peaches (15g) Red Pepper Strips (6g)	Cereal Bar (29g - 52g) Banana (27g) <hr/> A. Pancakes & Sausage (37g - 38g) B. Corn Dog (26g) C. Ham & Cheese Sub (35g) Applesauce (14g - 16g) Baby Carrots (1g)	Mini Cinnamon Bagels Fruit Juice (12g - 21g) <hr/> A. Chicken Patty Sandwich (46g) B. Spicy Chicken Sandwich (45g) C. Fruit & Yogurt Plate (50g) Apple Slices (7g) Ruby Rush Juice (14g)
23	24	25	26	27
Pop Tart (36g - 37g) Apple Slices (7g) <hr/> A. Chicken Drumstick & Roll (21g) B. Taco Stick (32g) C. Wowbutter Uncrustable (28g) Sliced Oranges (15g) French Fries (20g)	Muffin (27g - 31g) & Cheese Stick (2g) Fruit Juice (12g - 21g) <hr/> A. Domino's Pepperoni Pizza (29g) B. Domino's Cheese Pizza (30g) C. Ham & Cheese Sub (35g) Diced Pears (13g - 16g) Tossed Salad	District Closed Professional Development	Cereal (18g - 52g) Banana (27g) <hr/> A. Riblet Sandwich (31g) B. Bean & Cheese Burrito (41g) C. Turkey & Cheese Sub (31g) Applesauce (14g - 16g) Cucumber Slices (2g - 7g)	Apple Frudel (38g) Fruit Juice (12g - 21g) <hr/> A. Chicken Patty Sandwich (46g) B. Spicy Chicken Sandwich (45g) C. Baja Salad (29g) Apple (25g) Baby Carrots (1g)
30				
Breakfast Round (44g) Apple Slices (7g) <hr/> A. Chicken Tenders & Roll (27g) B. Pizza Bagel Pack (37g) C. Wowbutter Uncrustable (28g) Mandarin Oranges (23g) Broccoli (7g)				