

Young 5s Checklist

If your child is still working on several of these items, they will be a great candidate for our Young 5s program.



SOCIAL SKILLS

- Plays well with others
- Takes turns and shares
- Interacts with familiar adults/peers
- Expresses self with words rather than acting out
- Listens when others speak
- Follows rules and routines

LISTENING SKILLS

- Responds to their proper name when called
- Can follow three-step directions (put on pajamas, brush your teeth and bring me a book)

FINE MOTOR SKILLS

- Can hold a pencil with proper three finger pencil grip
- Use scissors appropriately, thumb on top
- Strings beads, zips, buttons, snaps and laces

WRITING SKILLS

- Writes first name
- Draws pictures to communicate ideas

LETTER KNOWLEDGE SKILLS

- Identify letters in their name in and out of order
- Can identify 18 upper case letters and 15 lower case letters

VERBAL SKILLS

- Can say their name clearly
- Identify their name in writing
- Initiates conversations with peers/adults
- Speaks in sentences (Can I please have a cup of milk?)
- Can express and describe feelings
 - I feel (happy, sad, mad) because...
- Can answer a variety of questions (yes, no, what, who, where)

GROSS MOTOR SKILLS

- Runs, skips, hops and jumps without holding onto something
- Uses playground equipment appropriately

SELF-HELP SKILLS

- Regulates emotions (has appropriate reactions to redirection)
- Self-help skills (put on coat, zip coat, pull up pants, put on shoes)
- Independently follows proper bathroom procedures

READING READINESS SKILLS

- Listens to bedtime stories, asks and answers questions
- Holds a book correctly
- Matching rhyming pictures

MATH SKILLS

- Identify basic shapes
- Can count to 20
- Identify numbers 0-10 in and out of order
- Identifies colors