



September 18, 2009

Dear Parent/Guardian:

As the upcoming flu season approaches, we want to work with parents to do all we can to prevent the spread of the flu and keep parents informed of any information regarding the H1N1 flu virus.

The flu can easily spread from person to person. Therefore, the school district will be taking many steps to reduce this spread including the cleaning of high contact areas in addition to our daily cleaning routine; posting hand washing reminder stickers in all bathrooms; and monitoring student illness through regular school health reports. Additionally, the District will pass along information regarding the availability and locations of H1N1 vaccinations as it becomes available to us from the Wayne County Health Department.

Parents can also assist in preventing the spread of the flu.

- ✓ Remind your children to wash their hands often with soap and water.
- ✓ Teach your children not to share personal items like drinks, food or unwashed utensils, and to cover their coughs with tissues. If no tissue is available, teach your child to use their upper sleeve not their hands.
- ✓ Know the signs and symptoms of the flu; including fever, cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- ✓ Do not send children to school if they are sick. Any child who displays flu-like symptoms while at school will be sent home.
- ✓ Keep children home at least 24 hours AFTER they no longer have a fever or do not have signs of a fever without using fever-reducing medication.

On the back of this letter, I have included an informational letter from the Wayne County Department of Public Health that includes websites and a phone number for additional information or questions you may have. As always, we encourage all parents to check with your child's physician for specific questions about the H1N1 flu virus and the need for your child to be vaccinated.

Sincerely,

A handwritten signature in black ink that reads 'Gregory J. Baracy'. The signature is fluid and cursive, written over a light grey background.

Gregory J. Baracy, Ed.D.  
Superintendent



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