

Grab and Go SANDWICH

Italian Sub (28g) Turkey Wrap (29g), Tuna Salad wrap(31g Ham & Cheese Sub (28g)



Grab and Go Salads

Chef Salad (8g),

Garden Salad (14.5g), or Caesar Salad (15g)

All Salads come with your choice of whole grain (Cheese Its, Goldfish, whole grain Muffin)

> All Lunches <u>Must</u> Include a Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk







April 22, 2024 May 24, 2024

MON	TUES	WED	THURS	FRI
Boneless Chicken Wings WG Dinner Roll French Fries Sliced Peaches	Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	Chicken Pineapple Bowl WG Dinner Roll Vegetable Blend	2 Breakfast Burrito With Salsa Hash Browns Orange Smiles	Pretzel Roll Melt w/ Tato Tarts Apple Sauce
Chicken Drumstick w/ Brown Rice Green Beans Pineapples	Bosco Sticks Marinara Sauce Mixed Vegetable Orange slices	No school Professional Development day	Sloppy Joe on WG Bun Oven Fried Potatoes Sliced Peaches California Blend	Hot Honey Chicken Biscuit Tostada Black Bean & Corn Salsa Pineapple Tidbits
Chef Choice	Bosco Sticks Marinara Sauce Mixed Vegetable Pineapple	Jumbo Cheese Ravioli & Meat Sauce Garlic Bread Spanish	9 Chicken & Waffles Steamed Carrots Fresh Grapes	Cheese 10 Enchilada Salsa Spanish Rice Black Beans
Hot Roast Beef Sandwich Whipped Potatoes W/Gravy Roasted Corn Fruit Cocktail	Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	French Toast Turkey Sausage Hash Browns Apple Sauce	Sweet & Sour Chicken Over Rice WG Dinner Roll Mixed Vegetable	Cheese Quesadillas Refried Beans Mixed Vegetable Fruit Cocktail
Cheeseburger Meatloaf on a bun Whole Kernal Corn Sliced Peaches	Bosco Sticks w/Marinara Sauce Seasoned Carrots Fresh Grapes	Chicken Pineapple Bowl WG Dinner Roll Vegetable Blend	Philly Steak Cheese Sub w/ Grilled Peppers and Onions Oven Fries Mandarin Oranges	Half day Breakfast only

CHICKEN:

Crispy or Spicy Chicken Sandwich (48g), Nuggets (14g) BURGERS: Cheeseburger (39g) Hamburger (38g) & Veggie Burger (42g) Apples 19g, Oranges 15g, Side Salad 6g

Monday: Fruit cocktail 18g, Fresh Broccoli 1g & Kickin' Pintos 19g or Baked Beans 19g Tuesday: Pears 18g, Seasoned Carrots 4g & Celery Sticks 3g

Wednesday: Peaches 18g, Baby Carrots 1g & Broccoli 4g

Thursday: Pineapple 17g, Celery Sticks 3g & Green Beans 4g, or Mixed Vegetable 6g **Friday:** Applesauce 14g, Baby Carrots 1g & Tater Tots 19g or Curly Fries 19g, or Corn 4g

Menus are subject to change.



This institution is an equal opportunity providers

